



February 2026 Newsletter

Dear Parents,

We are well over the holiday celebrations and have settled back into our routines without too much protest. The children are confident in their own abilities and are eager to try out new learning experiences. The children are eager to come to school and in many cases are extending their time in school.

February is a short month but rich with learning. Our Tiny Stars are learning about uniforms, types of shoes, patterns and textures of fabrics and matching socks. Of course they are learning how to wash, dry, and hang clothes as well! The Little Stars ended their clothing unit with a fashion show highlighting a favorite outfit and a display of their individual clothing line. They are now embarking on a new theme that revolves around the “3 Rs”: Reduce, Reuse, and Recycle. The four-year-olds have completed their unit on architecture and will begin to learn more about lights. School wide celebrations in February include Groundhog Day, Sports Day (just before Super Bowl Sunday), Valentine’s Day, Apokries, and our community kite flying celebration on Clean Monday.

Stars Academy is planning for an amazing 2026-2027 school year. Please share with your family, neighbors, and friends that we will have two remaining Open Houses. The dates are March 3rd and May 14th. If you plan to return in September, please remember to send in your registration information and fee. Our three-year-old class already has 12 students enrolled. If there are siblings who will be enrolling in Stars Academy for the upcoming school year, try to hand in the registration information before our winter break. If you have a friend, neighbor, or colleague looking for a preschool program, do not forget to mention our “small but growing school.”

February is also dental health month. The **American Academy of Periodontology** stresses the importance of establishing good oral health habits at an early age. Brush for two minutes a day, twice a day. Show them how to FLOSS. Limit sugary snacks and drinks between meals. Have regular dental check-ups. Remember, all children three and older are required to send in the completed dental form by the end of the month.

Although February is a short month there is no shortness on activities. Please take special note of the highlights for the month:

February 2 – Groundhog Day – Is Spring on the way or will Winter stay?

February 6 – Sports Day (wear something from your favorite team)

February 10 – St. Haralambos – Church attendance and communion

February 11 – 100th day of school (3’s and 4’s only)

February 12 – Wear red, pink or purple to school
February 13 – Apokries/Carnival ice cream party (Students only)
February 16 – 20 – Winter break – School closed
February 23 – Clean Monday / Community kite flying event
February 26 – National Dental Health Day

Love and friendship are a special theme for the month of February. Many children like to send valentine wishes to their classmates. If you plan to send valentine cards, and /or a simple gift, please refrain from sending candy or sugary treats.

Looking ahead, on **March 2nd** we will be celebrating **Read Across America Day**, aka Dr. Seuss Day. Please let Joanne or I know if you would like to be a guest reader (don't tell your child) in your child's class and the time frame that works for you. Please dress your child in something that is Dr. Seuss related on March 2nd.

May I remind you that if you will be picking up a child late or if you need an early drop off, please make sure you notify me or Joanne. If you are arriving after 9:00 and no one is in the office when you ring the bell, please send a Dojo message to Joanne or me for access.

Please let me know if you have any questions or concerns as well as if you have any ideas to make our school even better! Thank you for your continued support and cooperation.

Regards,

Cathy Helfrich
Education Director